

## **SUPPORT SERVICES FOR CARERS**

### **Carers' Assessment Workers (CAW)**

Based in Community Mental Health Teams, Carers' Assessment Workers specialise in assessing the needs of Carers of someone with a mental health difficulty. They can provide advice on:

- Help with day to day caring
- How to access benefits and information about financial and legal matters
- Local carers' support groups
- Carers' help lines
- Carers' education programmes
- Carers' counselling
- Getting a break or holiday either on your own or with the person you care for
- How to access help in a crisis

### **Adults CAWs**

Mendip: 01749 836597/07738 898774

Taunton: 01823 346118/07738 187822  
07879 635408

South Somerset: 01935 428420/07738 898775

Somerset Coast: 01278 720238/07909 906811

### **Older Persons CAWs:**

Mendip & South Somerset: 01935 473595/07909 877657

Taunton & Somerset Coast: 01278 720250/07738 898747