

## **SUPPORT SERVICES**

### **HEALTH & SOCIAL SERVICES**

#### **Somerset Partnership NHS & Social Care Trust**

Provides both health and social care services for people in Somerset with mental health problems

For patients and carers this means they should have access to all the services they need from a single team in one location. The Partnership accepts referrals from GPs, or individuals can contact local teams for help.

Your local community Mental Health Team can provide information about:

- In-patient services
- NHS community services
- Day services
- Residential care
- Respite care
- Access to social workers
- Access to carers' assessment
- Drug and alcohol services

Further information about Community Mental Health Teams can be obtained from the Somerset Partnership headquarters - Tel 01278 432000.

Website: [www.sompar.nhs.uk](http://www.sompar.nhs.uk)

#### **Patient Advice and Liaison Service (PALS) (Somerset Partnership)**

Offers information, advice and support and responds to concerns, suggestions or questions from patients, their families and carers; helping them to sort out problems. Call 01278 432022

#### **GP Surgeries**

Your family doctor will provide a practice leaflet listing the

services available at the surgery. These can include:

- District Nurse
- Practice Nurse
- Health Visitor
- Specialist services e.g. Community Psychiatric Nurse (CPNS) and Link Workers
- Carers Support Worker

### **Somerset Drugs Service (SDS)**

is a treatment service for people with substance misuse problems e.g. illegal drugs such as opiates & stimulants. It is a statutory treatment service provided by Somerset Partnership NHS & Social Care Trust. The service works closely with their partner agency 'Turning Point'. SDS takes referrals from GP's, Social Workers, and Probation Officers & Voluntary Agencies. SDS community teams, across Somerset provide a range of services, including:

- Comprehensive substance misuse assessment
- Specialist prescribing for stabilization, maintenance & detoxification
- Sexual/health education
- Complimentary therapies & counselling
- Structured group work
- Relapse prevention
- Training Programs

At present there is only one NHS team dedicated to alcohol treatment. This is the Mendip Alcohol Service and the situation is under review. This team currently provides a range of treatment options, including a structured day care programme and has close links with Alcoholics Anonymous. The service is open 7 days a week.

For more information, contact Mendip Alcohol Team  
01749 836 573

### **The Drug Interventions Programme (DIP)**

is a new service for drug users who have been involved with the Criminal Justice System. It is a service for those over 18, who

have been in trouble with the law in the past 2 years (arrested, in prison, in contact with probation etc) and use <http://www.somersetcarers.org/substance-misuse.htm>  
If you want to speak to current or ex users, people with experience of having treatment themselves, then please call the Lynk on 01823 257 359

### **Other Useful Numbers**

**NHS Direct** 0845 4647

24-hour telephone advice line staffed by nurses.

**SIGNPOSTS:** Tel/Text 0800 317220 Freephone  
Health and Community Care information line

### **SOMERSET DIRECT:**

Community Services 0845 345 9133

Information and advice for older people and other adults

Emergency Social Work Team (out of hours): 01458 253241