

WEBSITES

There is a vast source of information on the web, so this is a small list of a few sites that are easy to access and are 'carer friendly'. Many have links to other sites, so once you are in the system you will probably find more places of interest for yourself

ADDIS Information & help for ADHD sufferers www.onthelevel.org.uk	Alzheimer's Society www.alzheimers.org.uk
Al-Anon www.hexnet.co.uk/alanon/alanon.htm	Association for Post Natal Illness www.apni.org
BBC Online/Mental Health www.bbc.co.uk/health/mental	www.belmontinfopoint.co.uk
www.borderlineuk.co.uk User led network of people with borderline personality disorder	Carers Uk www.carersonline.org
CITA www.liv.ac.uk/- csunit/community/cita.htm	www.citizensadvice.org.uk
CRUSE www.crusebereavementcare.org.uk	www.csip.org.uk
CRUSE www.crusebereavementcare.org.uk	Department of Health – Carers www.carers.gov.uk
Early Psychosis Prevention and Intervention Centre [EPPIC] www.epic.org.au/resources.html	Eating Disorders Association www.edauk.com
Families Anonymous www.famanon.org.uk	Headway Somerset the brain injury society www.headwaysomerset.org.uk
www.hearing-voices.org	Institute of Psychiatry, Kings College, London www.iop.klc.ac.uk
Manic Depression Fellowship www.mdf.org.uk	www.mencap.org.uk
Mentality – Mental Health Promotion www.mentality.org.uk	www.mentalhealthintheuk.co.uk
Mentality – Mental Health Promotion www.mentality.org.uk	Mental Health Matters www.mental-health-matters.com
Mind Out for Mental Health www.mindout.net	MIND www.mind.org.uk
National Alliance for Mentally Ill [NAMI] www.nami.org	National Autistic Society www.nas.org.uk www.somerset-autism-support.org.uk
National Learning Disability Helpline www.mencap.org.uk/html/easytoread/ info_and_advice3.asp	National Institute for mental Health in England [NIMHE] www.nimhe.org.uk

National Drugs Helpline www.urban75.com/Drugs/helpline.html	National Phobics Society www.phobics-society.org.uk
National Self Harm Network www.nshn.co.uk	On The Level Free and confidential information on drugs and alcohol for young people www.onthelevel.org.uk
Princess Royal Trust for Carers www.carers.org	Rethink "Front Door" www.rethink.org
Samaritans www.samaritans.org.uk	SBDA Somerset black development agency www.sbda.org.uk
Saneline www.sane.org.uk	A Service User's Website www.madnotbad.co.uk
World Fellowship for Schizophrenia www.world-schizophrenia.org	www.schizophrenia.com
Somerset Carers Network www.somersetcarers.org	Somerset Active Living www.somerset.gov.uk/somerset/communityliving/popp/index.cfm
Somerset Social Services www.somerset.gov.uk	SWEDA- Somerset & Wessex Eating Disorders www.onthelevel.org.uk
Tourettes syndrome www.tsa.org.uk www.tourettes.me.uk	Turning Point Advice information and support for alcohol & drugs problems www.turning-point.co.uk
Womens Aid www.womensaid.org.uk	Young Carers www.youngcarers.net
Young Minds www.youngminds.org.uk	